

WELCOME TO IOWA, THE WORLD CAPITAL OF TRAILS!

Here you will find over 1,200 miles of multi-use trails in all corners of the state, and over 670 miles just in central Iowa. Our county road system also offers opportunities to bicycle and explore our beautiful land, small towns, and to meet many friendly people. Enjoy your ride!

THE BREWERY LOOP

MARION COUNTY, 30 MILES (OPTIONAL 8-MILE LOOP INTO PELLA), PAVED ROADS AND TRAILS.
PARKING AND RESTROOMS: PEACE TREE BREWERY, 107 W. MAIN ST.

To prepare for RAGBRAI, members of Knoxville's Another Dam Bike Club regularly ride this 35-miler to Lake Red Rock, Iowa's largest body of water. If you own binoculars, check out the year-round population of bald eagles nesting at the lake.

Head east out of town on Main Street, then take T15 and follow the road to the dam. (For an eight-mile add-on, follow the trail into Pella.) The return trip to Knoxville includes an inviting canopy of trees shading the hard-surface Volksweg Trail. Along Hwy 92, cyclists use a welcome paved shoulder. After the ride, refuel at Knoxville's Peace Tree Brewery (peacetreebrewery.com) with a barley pop or root beer. Local restaurants and Peace Tree have a sweet small-town deal: Order food off any of eight restaurant menus, each of which delivers promptly to the brewery. Two favorites: Swamp Fox Blue Cheese burger and waffle fries with a Rye Porter. Or Deng's Garden Szechwan Chicken with rice, dumplings and a Blonde Fatale.

Side trip: If you love dirt-track racing, don't miss the Sprint Car Hall of Fame & Museum. Sprint Car Nationals every August; sprintcarhof.com. Plentiful and popular camping at Red Rock (LakeRedRock.org).

—Dan McKay, Another Dam Bike Club

